

Community Yoga

@ Perkiomen Valley Library
290 2nd Street
Schwenksville, PA 19473
610-287-8360

All levels yoga!
Mondays
7:00-8:00 pm

Drop-in rate \$5 per class per person
(benefits the library)

Bring a mat, wear comfortable loose clothing
and feel free to bare your feet for a more
comfortable practice.

New to yoga, or just curious, join us!

Adjoa Amoah, RYT 200, AYS

Email questions to: vaayuyoga@gmail.com

484-552-3870

BASIC
LITERACY

INFORMATION
LITERACY

CIVIC AND SOCIAL
LITERACY

HEALTH
LITERACY

FINANCIAL
LITERACY