

Tuesday, January 28 6:30 - 8:00 pm

FEATURED COOK BOOK

Cook90: the 30-day plan for faster, healthier, happier meals by Tamarkin, David

HOW TO:

- 1) Choose a recipe from the Featured Cook Book.
- 2) Ask Staff to photocopy the recipe.
- 3) Prepare your recipe at home. No cooking will be done at the library.
- 4) Return to the library on the evening of the club meeting & potluck and share your dish with other home cooks.
- 5) Discuss the Featured Cook Book.
- 6) Choose a recipe from the next Featured Cook Book.

Perkiomen Valley Library at Schwenksville

A branch of Montgomery County Norristown Public Library 290 Second Street, Schwenksville, PA 19473 610-287-8360 www.pvlibrary.net